



SANDWICHES

All sandwiches are served with; **parmesan fries or your choice of deli salad, soup or fresh veggies w/dip.**

Our house made deli salads include: zesty veggie pasta, lemon pesto pasta, fresh cut fruit, ranch hand potato or super slaw.

THE RENEGADE

Slow roasted in Guinness beer, thinly sliced spiced brown sugar rubbed corned beef, melted swiss, french fried onions, medjool date spread, honey dijonaise on a toasted brioche bun **9.25**

CORPORATE CLUB

Maple glazed turkey, tavern ham, swiss, applewood smoked bacon, lettuce, tomato and mayo on toasted sliced hippy whole grain **8.99**

TURKEY CLUB PANINI

Maple turkey, tavern ham, swiss, applewood smoked bacon, pecan pesto mayo, tomato on pressed sourdough white or wheat **8.49**

TUNA SALAD SANDWICH

Mixed with celery, red onion and mayo with lettuce and tomato on toasted sliced hippy whole grain bread **8.25**

THE BIG BLT

Applewood smoked bacon, lettuce, tomato, mayo and a fried egg on toasted sliced hippy whole grain **8.25**

ZIPPY CHICKEN SALAD SANDWICH

White meat chicken with celery, red and green peppers, mayo, lettuce and tomato on toasted sliced hippy whole grain **8.49**

SOUTHWEST GRILLED CHICKEN

With pepper jack cheese, lettuce, tomato, made from scratch guacamole on a sweet jalapeno cheddar bun **9.25**

PUEBLO PORK

Roasted pork loin rubbed with guajillo peppers, honey, juniper berries, cocoa and spices. Served on a bolillo roll with pepper jack cheese, tomatoes, grilled bell peppers and onions **9.25**

ROAST BEEF PANINI

Seasoned top round roast beef, provolone, housemade Texas pecan pesto mayo, tomato on pressed white or wheat sourdough **8.49**

PASTRAMI ON RYE

Grilled top round beef pastrami, melted big eye swiss, our signature slaw, housemade russian dressing on toasted marble rye **8.25**

DAGWOOD

Hot turkey, lean roast beef, tavern ham, genoa salami, swiss, cheddar, lettuce, tomato, mustard and mayo on a .8in soft bolillo sub roll **8.49**

TURKEY MELT

Grilled maple glazed turkey, melted big eye swiss, housemade pecan pesto mayo, lettuce, tomato on a toasted honey wheat bun **8.25**

SOUPS

Made Fresh Daily

Small 8 oz. \$2.95 Large 16 oz. \$5.45

Monday: CREAM OF POTATO

Tuesday: COUNTRY MINISTRONE

Wednesday: CHICKEN TORTILLA

Thursday: CREAM OF TOMATO

Friday: LENTIL W/CHICKEN SAUSAGE

ADDITIONAL SIDES

ZESTY **VEGGIE** PASTA \$2.50

LEMON **BOWTIE** PESTO PASTA \$2.50

FRESH **FRUIT** CUP \$2.50

RANCH **HAND** POTATO \$2.50

SUPER **SLAW** \$2.50

PARMESAN FRIES \$2.50

FRESH **VEGGIES** W/DIP \$2.50

SMALL GARDEN **SALAD** \$3.50

FRESHHELLA KITCHEN

Lunch Served from 11AM-3PM



CALL AHEAD ORDERS WELCOME

214-905-6140

7145 JOHN W. CARPENTER FWY. SUITE A, DALLAS, TX 75247

FLAME GRILLED BURGERS

100% angus hand pattied half pounder, never frozen!

THE ALL AMERICAN

Cheddar cheese, mustard, mayo, lettuce, tomato, pickles, red onion on a white brioche bun

Single **8.99** Double **9.99**

THE DIABLO

Pepper jack cheese, chipotle mayo, french fried onions, grilled jalapenos, lettuce, tomato on a jalapeno bun

Single **8.99** Double **9.99**

THE BIG D BURGER

Swiss cheese, bacon, BBQ sauce, grilled onions, lettuce, tomato, pickle on a brioche bun

Single **8.99** Double **9.99**

THE PLOUGHMAN

Cheddar cheese, russian dressing, fried egg, grilled onions, slice of ham, lettuce and tomato on a brioche bun

Single **8.99** Double **9.99**

SALADS

We make all our dressings in house!

SUNSHINE

Spinach, Romaine, Tomato, Cucumbers, Almonds, Cranberries, Purple Onion, Blue Cheese Crumbles, Housemade Croutons and a side of Berry Balsamic Dressing **6.99**

With choice of Meat topping **10.50**

HAIL CAESAR

Romaine, Tomato, Purple Onion, Parmesan Cheese, Housemade Garlic Croutons, and Caesar Dressing on the side **6.49**

With choice of Meat topping **9.99**

GRECO

Romaine, Cucumber, Tomato, Purple Onion, Crumbled Feta, Kalamata Olives, Bell Peppers, Croutons, Balsamic Dressing **6.49**

With choice of Meat topping **9.99**

VIVA LA SALAD

Romaine and Iceberg, Cucumbers, Pico de Gallo, Roasted Corn and Black Bean Salsa, Housemade Guacamole, Crisp Corn Tortilla Strips, Crumbled Feta, and Crunchy Julienned Jicama, House Citrus Dressing on the side **6.99**

With choice of Meat topping **10.50**

MEAT TOPPINGS: 6 oz Grilled Chicken, Zippy Chicken Salad, Sliced Turkey and/or Ham or Tuna Salad

WWW.FRESHHELLAKITCHEN.COM